

SPIRIT
MONTHLY
NEWSLETTER
MAY 2025

*Holy Spirit
Church Council*

President:

Bob Frick

Vice President:

Melinda Kern

Secretary:

Gina Carson

Christian Education:

Melinda Kern

Worship & Music:

Roy Salowich

Congregational Life:

Ruth Dziuba

Property:

Petra Mattern

**Evangelism &
Social Ministry:**

Bob Frick

Gina Carson

Health & Wellness:

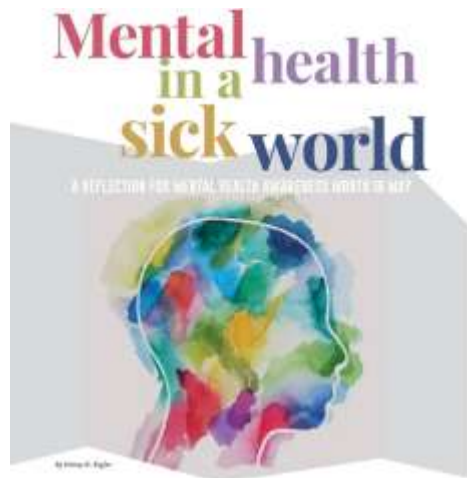
Leo Szalma

Stewardship &

Finance:

Stan Samuelsen

PASTOR'S ARTICLE



Five years ago, the beginning of the COVID-19 pandemic marked incredible upheaval in almost every aspect of our lives. At the time, many Christians reflected on how the pandemic was an “apocalypse,” a Greek word found in the New Testament for “revealing.” We witnessed what people will do to care for each other—but also what people will do to take advantage of others in the face of disaster.

We connected more through the internet, but we also grew more extreme and polarized on social media. The economy rose and fell and, as so often happens, the rich got richer and the poor got poorer. Those in power gained more influence, while those struggling were pitted against each other. There were new advances in mental health care—virtual resources for talk therapy and community surged, and prescriptions for necessary psychiatric medications increased—but there was also an increased need for mental health care, creating scarcity when we needed abundance most.

Christian conversations around mental health have progressed significantly in recent decades. We have come to appreciate how the brain, like all our other organs, can get sick and require medical care. Prayer and faith play a role in improving our spirits, but we also visit doctors, take medications and even undergo surgery to help us live longer and better lives. Just like the rest of the body, the brain can benefit from medication, therapy and lifestyle changes.

As we continue to learn more about how to care for our minds, let's remember two core truths:

Healing takes time

Healing takes community.

“Mental health in a sick world” @ livinglutheran.org

Join us on Wednesday, May 7 at 10 a.m. for the New Adult Study on Mental Health (May is Mental Health month) led by Pastor Matlack.

CONGREGATIONAL LIFE

Adult Basic Yoga Class with Instructor Tina Green meets Tuesdays at 9 a.m. Please bring a yoga mat for floor poses. The fee per class is \$5.00.

Prayer Shawl Ministry meets Tuesdays at 10 a.m. in the Coffee Hour area. Join us and bring a project to work on. The fellowship continues as we go out to lunch afterwards. We hope you'll join us!

Family Game Night is Friday, May 2 at 6 p.m. Bring your favorite board, card, etc. games and join in the fun. Hope to see you there! Questions? Speak with Bob Frick or Gina Carson.

New Adult Study on Mental Health (May is Mental Health month) led by Pastor Matlack begins Wednesday, May 7 at 10 a.m. and runs for 3 weeks.

**** No Dinner With Friends** scheduled for May.

Men's Group Dinner is Tuesday, May 13 at 6:30 p.m. at B 1 Tavern in Keego Harbor. Signup posted.

WELCA (Women of the ELCA) **Potluck Dinner** is scheduled for Thursday, March 20 at 5 p.m. in the Coffee Hour area. All ladies of the church are invited. Signup posted.

Annual Holy Spirit Spring Clean Up is scheduled for Saturday, May 17. Bring your gardening gear and help us spruce up the church grounds! Speak with Property Chair Petra Mattern if you have questions.

Book Club meets Thursday, May 22 at 7 p.m. to discuss "Swans of Fifth Avenue" by Melanie Benjamin.

CELEBRATING YOU IN MAY!

BIRTHDAYS

2	Harison Kern
10	Jackie Parko
12	Ann Elliott
13	Jeanne Freed
14	Brett Meyer
14	Carolyn Werner
16	John Green
20	Judy Bergman
21	Stephanie Filipp
27	Pam Figi
28	George Kuljurgis
28	Terry Rowland
28	Marsha Welch
29	Jerry Iverson
30	William Culbertson

ANNIVERSARIES

9	Ken & Peggy Casagrande
12	Brian & Marsha Welch
25	Dennis & Marge Dronsella
26	Chuck & Melinda Kern

WORSHIP ASSISTANTS

May 4	May 11	May 18	May 25
Reader/Greeter: Jean Samuelsen	Reader/Greeter: Leo Szalma	Reader/Greeter: Bob Carson	Reader/Greeter: Tina Green
Ushers: Andy Meyer Bob Frick	Ushers: Dennis Kunkel Doug Opthoff Tom Sweda	Ushers: Lukas Mattern Roy Salowich	Ushers: Janet Martin Hilda Sawicki Melinda Kern
Counters: TBD	Counters: Andy Meyer	Counters: TBD	Counters: Janet Martin

M A Y

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					Family Game Night 6-8 p.m. AA Meeting 8 p.m.	<i>Zumba (Rental)</i> 9:30 a.m.
4 3 Easter	5	6	7	8	9	10
Choir Rehearsal 8:45 a.m. Worship 10 a.m. Sun. School 10:45 a.m.	<i>Zumba (Rental)</i> 6:30 p.m.	Yoga 9 a.m. Prayer Shawl Ministry 10 a.m.	Adult Study Mental Health 10 a.m. Handbells Rehearsal 6:30 pm	<i>Zumba (Rental)</i> 6:30 p.m.	No Dinner w/ Friends AA Meeting 8 p.m.	<i>Zumba (Rental)</i> 9:30 a.m.
11 4 Easter	12	13	14	15	16	17
Choir Rehearsal 8:45 a.m. Worship 10 a.m. Sun. School 10:45 a.m.	<i>Zumba (Rental)</i> 6:30 p.m.	Yoga 9 a.m. Prayer Shawl Ministry 10 a.m. Men's Group Dinner	Adult Study Mental Health 10 a.m. Handbells Rehearsal 6:30 pm	WELCA Potluck Dinner 5 p.m. <i>Zumba (Rental)</i> 6:30 p.m.	AA Meeting 8 p.m. <u>SE Michigan Synod Assembly</u>	Annual Spring Clean Up <i>Zumba (Rental)</i> 9:30 a.m.
18 5 Easter	19	20	21	22	23	24
Choir Rehearsal 8:45 a.m. Worship 10 a.m. Sun. School 10:45 a.m.	Finance Committee <i>Zumba (Rental)</i> 6:30 p.m.	Yoga 9 a.m. Prayer Shawl Ministry 10 a.m. Church Council 7 p.m.	Adult Study Mental Health 10 a.m. Handbells Rehearsal 6:30 pm	Book Club 7 p.m. <i>Zumba (Rental)</i> 6:30 p.m.	AA Meeting 8 p.m.	<i>Zumba (Rental)</i> 9:30 a.m.
25 6 Easter	26	27	28	29	30	31
Choir Rehearsal 8:45 a.m. Worship 10 a.m. Sun. School 10:45 a.m.	Memorial Day	Yoga 9 a.m. Prayer Shawl Ministry 10 a.m.	Handbells Rehearsal 6:30 pm	<i>Zumba (Rental)</i> 6:30 p.m.	AA Meeting 8 p.m.	<i>Zumba (Rental)</i> 9:30 a.m.



You're Welcome Here!
Join us for worship, study,
and activities.

Worship Service
10 a.m. Sunday

Sunday School
10:45 a.m. during the school year

Contact Us
1-248-682-5441
office@spiritdrivenchurch.com

HOLY SPIRIT LUTHERAN CHURCH
4800 Orchard Lake Road
West Bloomfield, MI 48323

Pastor
Rev. William J. Matlack

Mission Statement

We are CALLED by Christ in our Baptism
GATHERED by the Holy Spirit to celebrate
God's grace in our midst SENT to share God's
blessings in our community and beyond.

FAMILY GAME NIGHT

**FRIDAY, MAY 2
6:00-8:00 PM**

**HOLY SPIRIT LUTHERAN CHURCH
4800 ORCHARD LAKE RD
WEST BLOOMFIELD, MI 48323**

www.spiritdrivenchurch.com

**Bring your favorite board, card, etc. games
and join us! We hope to see you there.**