



**THE SPIRIT  
MONTHLY  
NEWSLETTER**

**HOLY SPIRIT  
CHURCH COUNCIL**

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Roy Salowich

**FROM THE PASTOR - JANUARY 2024**

In January 2004 I went on a journey, it was a journey of self-discovery. I was serving at Rejoice! Lutheran Church, Hudson, Ohio, at the time. In the February 2004 Newsletter I wrote these words:

*A journey....*

*As many of you know, I went on a two and a half week vacation in January. First, I wish to thank the council for allowing me this extra time away. As we all know, it is necessary to get away and refresh ourselves.*

*I went on a real journey. I left Ohio on New Year's Day & drove 4 hours to Florence Kentucky.*

*I arrived in Nashville, Tennessee at 6:30 PM at the home of my friend Joyce. Joyce & I attended Texas Lutheran & Trinity Seminary. I stayed overnight in Nashville & Joyce & I caught up on 10 years! WOW!*

*I left Nashville at around 10:00 AM & arrived in Little Rock, Arkansas before Dinnertime. I stayed for two days with former Rejoice! Members who had moved to Arkansas.*

*I left their home and drove to Fort Worth, Texas. I spent a week in Texas, most of it at my mother-in-law, Wanda's, home. I also spent one night at the home of my friends Mark & Ruth. (I was best man in their wedding & Mark was best man in mine). Mark, Ruth & I also attended Texas Lutheran together. Mark is a Lutheran Pastor in Texas.*

*I traveled to Austin to visit with my friend John (also from Texas Lutheran) whom I hadn't seen in 20 years!*

*My journey home began on Tuesday, January 13 when I drove to Little Rock & stayed overnight. I travelled to Nashville on the 14th & arrived home the 15th.*

Fast-forward 20 years...I am taking off three weeks starting immediately after Christmas. With the Council's blessing, of which I am most appreciative, I felt I needed this time to "recover". It has been a very stressful 3+ years. It began with COVID, followed by many, many funerals & many hospitalizations.

As most of you know, I have struggled with Mental Health Issues, specifically depression, for many years. This time away will help me rejuvenate as well as reflect on ministry.

On January 4, I will celebrate 37 years of ordination. I will be in Ohio at that time and then fly to Seattle the next day.

My hope is to come back refreshed and ready to minister to the people of Holy Spirit!

## CONGREGATIONAL LIFE



### ADULT BASIC YOGA CLASS, TUESDAYS AT 9:00 AM

Instructor Tina Green leads us in simple basic poses with on-hand modifications available and geared toward developing a yoga practice that does not intimidate. Please bring a yoga mat for floor poses. The fee is \$5.00 per class.



### PRAYER SHAWL MINISTRY TUESDAYS AT 10:00 AM

Join us and bring a project to work on. The fellowship continues as we go out to lunch afterwards. The group maintains a supply of Prayer Shawls for members who are recovering from surgery or illness.



### MEN'S GROUP DINNER TUESDAY, JAN. 9, 6:30 PM

Join us at **The Library Pub & Grill** in West Bloomfield. Sign-up on the bulletin board. The men of Holy Spirit meet for food and fellowship at an area restaurant.



### DINNER WITH FRIENDS FRIDAY, JAN. 12 AT 6:00 PM

Join us at the **Uptown Parthenon Grille** in West Bloomfield. Sign-up on the bulletin board. Dinner With Friends is a fun evening of dining out with others from our congregation. Each month we meet at a different local restaurant.



### WELCA POTLUCK DINNER THURSDAY, JAN. 18, 5:00 PM

Join us in the Coffee Hour area at church. Sign-up on the bulletin board. The WELCA group at Holy Spirit is open to all women members of the congregation. The group is involved in numerous activities.



### BOOK CLUB THURSDAY, JAN. 25 AT 7:00 PM

Join us in the Coffee Hour area at church. We will be talking about **"Death on the Nile" by Agatha Christie.**

## WORSHIP ASSISTANTS

### JANUARY 7

Reader/Greeter: Norm Werner  
Ushers: Andy Meyer, Bob Frick  
Counters: TBD

### JANUARY 14

Reader/Greeter: Liesa Helfer  
Ushers: Dennis Kunkel, Doug Opthoff,  
Tom Sweda  
Counters: Andy Meyer, Stan Samuelson

### JANUARY 21

Reader/Greeter: Tina Green  
Ushers: Stan Samuelson, Lukas Mattern,  
Roy Salowich  
Counters: Janet Martin, Mary Martin

### JANUARY 28

Reader/Greeter: Heinz Mattern  
Ushers: Janet Martin, Mary Martin.  
Hilda Sawicki, Irene Oshiyoye  
Counters: TBD

## CELEBRATING THIS MONTH

### BIRTHDAYS!

Janet Martin	01/ 04
Craig Rand	01/ 07
Joan Thralow	01/ 09
Alex Casagrande	01/ 10
Beverly Bartlett	01/ 12
Alayna Rozman	01/ 12
Bob Chiaravalli	01/ 15
Meghan Buckler	01/ 19
Gary Gates	01/ 22
Hilda Sawicki	01/ 25
Chris Yohn	01/ 29
Sally Cossin	01/ 30

### ANNIVERSARIES!

Ralph & Nancy Green	01/02
Chris & Nicole Yohn	01/19

# JANUARY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Fri
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	<b>New Year's Day</b>	<b>Yoga 9:00 AM</b> <i>(Fellowship Hall)</i>  <b>Prayer Shawls</b> <b>10:00 AM</b> <i>(Coffee Hour area)</i>  Zumba 6:30 PM <i>(Fellowship Hall)</i>	<b>Handbells</b> <b>Rehearsal 7:00 PM</b>	Zumba 6:30 PM <i>(Fellowship Hall)</i>	<b>AA Meeting</b> <b>8:00 PM</b> <i>(Coffee Hour area)</i>	Zumba 9:30 AM <i>(Fellowship Hall)</i>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>Choir</b> <b>Rehearsal 8:45 AM</b>	Zumba 6:30 PM <i>(Fellowship Hall)</i>	<b>Yoga 9:00 AM</b> <i>(Fellowship Hall)</i>  <b>Prayer Shawls</b> <b>10:00 AM</b> <i>(Coffee Hour area)</i>  <b>Men's Group Dinner</b> 6:30 PM	<b>Handbells</b> <b>Rehearsal 7:00 PM</b>	Zumba 6:30 PM <i>(Fellowship Hall)</i>	<b>Dinner with Friends</b> <b>6:00 PM</b>  <b>AA Meeting</b> <b>8:00 PM</b> <i>(Coffee Hour area)</i>	Zumba 9:30 AM <i>(Fellowship Hall)</i>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>Choir</b> <b>Rehearsal 8:45 AM</b>	Zumba 6:30 PM <i>(Fellowship Hall)</i>	<b>Yoga 9:00 AM</b> <i>(Fellowship Hall)</i>  <b>Prayer Shawls</b> <b>10:00 AM</b> <i>(Coffee Hour area)</i>	<b>Handbells</b> <b>Rehearsal 7:00 PM</b>	<b>WELCA</b> <b>Potluck Dinner</b> <b>5:00 PM</b> <i>(Coffee Hour area)</i>  Zumba 6:30 PM <i>(Fellowship Hall)</i>	<b>AA Meeting</b> <b>8:00 PM</b> <i>(Coffee Hour area)</i>	Zumba 9:30 AM <i>(Fellowship Hall)</i>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>Choir</b> <b>Rehearsal 8:45 AM</b>	Zumba 6:30 PM <i>(Fellowship Hall)</i>	<b>Yoga 9:00 AM</b> <i>(Fellowship Hall)</i>  <b>Prayer Shawls</b> <b>10:00 AM</b> <i>(Coffee Hour area)</i>  <b>Council Meeting (?)</b>	<b>Handbells</b> <b>Rehearsal 7:00 PM</b>	Zumba 6:30 PM <i>(Fellowship Hall)</i>	<b>AA Meeting</b> <b>8:00 PM</b> <i>(Coffee Hour area)</i>	Zumba 9:30 AM <i>(Fellowship Hall)</i>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			
<b>Choir</b> <b>Rehearsal 8:45 AM</b>	Zumba 6:30 PM <i>(Fellowship Hall)</i>	<b>Yoga 9:00 AM</b> <i>Fellowship Hall</i>  <b>Prayer Shawls</b> <b>10:00 AM</b> <i>(Coffee Hour area)</i>	<b>Handbells</b> <b>Rehearsal 7:00 PM</b>			
<b>Worship 10:00 AM</b>						
<b>Sunday School</b> <b>10:45 AM</b>						
<b>Annual Meeting</b>						

**Holy Spirit Lutheran Church**  
**4800 Orchard Lake Rd.**  
**West Bloomfield, MI 48323**

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Worship 10:00 AM  
Sunday School 10:45 AM  
(September – May)



**HOLY SPIRIT LUTHERAN CHURCH**  
4800 Orchard Lake Road  
West Bloomfield, MI 48323

## CALL AND NOTICE

Holy Spirit's Annual Meeting is Sunday, January 28, 2024 following worship.

### MISSION STATEMENT

We are CALLED by Christ in our Baptism  
GATHERED by the Holy Spirit to celebrate  
God's grace in our midst SENT to share God's  
blessings in our community and beyond.